The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities to people with developmental disabilities. Participants must be at least 18 years of age, reside in Cuyahoga County, and be eligible to receive services from the Cuyahoga County Board of Developmental Disabilities.

Quantum LEAP offers year-round activities in the evenings and on weekends. These activities are specifically designed or adapted for persons with disabilities. Sessions are typically six weeks long and change throughout the year.

To register for these activities, please complete the April - May 2020 Session Registration and return to LEAP or register online at https://www.leapinfo.org/events.

A 2020 Annual Registration is also required to be on file with LEAP for participation.

**Walking Club**

**Date:** Mondays, April 6th - May 18th  
**Time:** 6:00pm - 7:00pm  
**Description:** Walking is proven to be one of the best forms of exercise. As a safe and low impact activity, walking improves cardiovascular health, strengthens bones, and can even boost your mood. Spring Session 2 of Walking Club meet at Highland Picnic Shelter at Euclid Creek Reservation. Come stretch your legs and get some exercise!  
**Limit:** N/A  
**Number of Sessions:** 7  
**Cost:** $15.00  
**Location:** Highland Picnic Shelter - Located off Euclid Creek Parkway, next to the basketball courts  
**Address:** Euclid Creek Reservation, Euclid, OH 44123

**Indoor Bocce Ball**

**Date:** Tuesdays, April 7th - May 19th  
**Time:** 6:00pm - 7:30pm  
**Description:** Bocce Ball has been around for ages. It’s a great way to spend time in the company of others. Develop your strategy and test your skills in healthy competition and fun!  
**Limit:** 25 participants  
**Number of Sessions:** 7  
**Cost:** $35.00  
**Location:** RollHouse Wickliffe - Bocce Ball Courts  
**Address:** 28801 Euclid Ave, Wickliffe, OH 44092
Quantum LEAP Activities 2020
Spring Session 2: Monday, April 6th – Thursday, May 21st
Registration Deadline: Friday, April 3, 2020

Spring Outside Fun

Date: Wednesdays, April 8th - May 20th  
Time: 6:00pm - 7:00pm  
Description: Spring calls us to get outside and enjoy the sunshine. During this session, we will play a variety of sports and fun games to get in shape for the season. For inclement weather, activities will be held inside unless otherwise stated on the weather cancellation line (216-456-0840).

Limit: 60 participants  
Number of Sessions: 7  
Cost: $11.00  
Location: Mayfield Middle School Soccer Field - Behind the middle school  
Address: 1123 SOM Center Rd., Mayfield Hts., OH 44124

Aerobics - Line Dance

Date: Thursdays, April 9th - May 21st  
Time: Two Classes - Time 1: 6:00pm - 6:45pm Or Time 2: 7:00pm - 7:45pm  
No class April 23rd & May 14th  
Description: Exercise is an important part of a healthy lifestyle. Aerobic exercise strengthens your heart and lungs, improves circulation, lowers blood pressure, and increases the amount of energy you have throughout the day. It also promotes deeper sleep and boosts mood. Incorporate fitness components into a full body workout while learning new line dances.

Limit: 35 participants per time period  
Number of Sessions: 5  
Cost: $19.00 per time period  
Location: Mayfield Village Civic Center  
Address: 6622 Wilson Mills Rd, Mayfield Village, OH 44143

Movie Night

Date: Friday, April 17th  
Time: 6:00pm  
Description: From silent films to drive-ins to modern day Blockbusters, movies are a keystone of American culture. During Movie Night, we will show a film on the drop-down screen at Mayfield Village Civic Center, in their theatre room. Come enjoy a classic night of entertainment, popcorn and good company. Movie starts at 6:15pm

Limit: 75 participants  
Number of Sessions: 1  
Cost: $5.00  
Location: Mayfield Village Civic Center  
Address: 6622 Wilson Mills Rd, Mayfield, OH 44143
Swim Party

**Date:** Saturday, April 25th  
**Time:** 6:00pm - 8:00pm

**Description:** The Blue Ribbon program is hosting a swim party. There is a spacious pool, hot tub, and water features in the aquatic facility at the Solon Community Center. The party will continue with a meal of pizza, salad, and a cookie for dessert. Food will be served at 7:30pm.

**Limit:** 50 participants  
**Number of Sessions:** 1  
**Cost:** $13.00  
**Location:** Solon Community Center Indoor Pool  
**Address:** 35000 Portz Pkwy, Solon, OH 44139

Fishing & Picnic at Timberlake Park

**Date:** Sunday, May 3rd  
**Time:** 2:00pm - 4:00pm

**Description:** Bring your fishing poles, complete with hooks, line, and sinkers; and we’ll supply the bait. We’ll fish in the pond at Solon’s beautifully secluded Timberlake Park. Cleveland Metroparks will show us what fishing is all about and will provide a limited number of fishing poles and tackle. A ham/turkey sandwich picnic lunch will be provided. No fishing license required. A waiver/liability form must be completed by everyone attending.

**Limit:** 10 participants  
**Number of Sessions:** 1  
**Cost:** $13.00  
**Location:** Timberlake Park - Aurora Rd. to Pettibone (east), then north on Root Rd.  
**Address:** Root Rd., Solon, OH 44139 - Please call prior to event for directions

Pizza Bowl

**Date:** Saturday, May 9th  
**Time:** 1:00pm - 3:00pm

**Description:** What a fantastic way to spend a Saturday afternoon! Enjoy two hours of bowling with friends. The cost also covers one slice of cheese pizza, a small soft drink and a small cup of ice cream for the participant.

**Limit:** 100 participants - six bowlers max per lane  
**Number of Sessions:** 1  
**Cost:** $16.00  
**Location:** RollHouse Wickliffe  
**Address:** 28801 Euclid Ave, Wickliffe, OH 44092
Quantum LEAP Activities 2020
Spring Session 2: Monday, April 6th – Thursday, May 21st
Registration Deadline: Friday, April 3, 2020

Game Night

Date: Friday, May 15th  
Time: 6:00pm - 8:00pm

Description: Come unwind and test your skills at a night of strategy, chance, and fun! Participants will participate in board games, bingo, volleyball, basketball, and more. Game Nights meet at Mayfield Middle School, and include pizza, chips and a beverage.

Limit: 90 participants
Number of Sessions: 1
Cost: $6.00
Location: Mayfield Middle School
Address: 1123 SOM Center Rd, Mayfield Heights, OH 44124

To access forms and calendars, please visit: http://www.leapinfo.org/programsservices/recreation

Important Information

For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call (216) 456-0840. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.

For all activities, an aid or assistant (which can be a parent, guardian or caregiver) MUST BE PRESENT for assistance.

Please contact Jayme or Gary with any accommodation questions.

For questions or concerns, contact:
Gary Edler (216) 696-2716 ext. 822 or gedler@leapinfo.org
Jayme Jirousek (216) 696-2716 ext. 824 or jjirousek@leapinfo.org

After hours: (216) 456-0824 - new phone number

In collaboration with Cuyahoga County Board of Developmental Disabilities

2545 Lorain Ave, Cleveland, OH 44113  ●  (216) 696-2716  ●  www.leapinfo.org
Activity/event cancelation line: (216) 456-0840