

Quantum LEAP / Community Education Classes

Daily Checklist: Return to Activities



This is a daily checklist that Quantum LEAP participants, caregivers, parents, etc. should use prior to attending any Quantum LEAP activity. If you check “Yes” to any of the following questions, please stay home and contact your primary healthcare provider.

CHECKLIST

When taking your temperature, do you have a temperature of 100.4 degrees or higher?	Yes	No
Loss of taste or smell?	Yes	No
Muscle soreness or aches?	Yes	No
Sore Throat?	Yes	No
Cough?	Yes	No
Shortness of breath?	Yes	No
Headache?	Yes	No
Chills?	Yes	No
Nausea/vomiting, diarrhea, loss of appetite?	Yes	No
Have you or anyone you have been in contact with been diagnosed with COVID-19?	Yes	No
Have you been asked to quarantine by your medical provider?	Yes	No

Questions? Contact Ted Sielski at (216) 456-0832

Activity/event cancelation line: (216) 456-0840

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