The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities for adults with disabilities (ages 18 - 59) and senior citizens (age 60 and over).

Please review the “Quantum LEAP Return to In-Person Activity Guidelines” prior to signing up for an activity to fully understand our Covid-19 protocols and requirements. More information can be found on our website at leapinfo.org/services/recreation.

- All but one activity is in-person.
- Register for these activities online at www.leapinfo.org/events or complete the 2023 Activities Registration and return to LEAP.
- The 2023 Annual Participant Registration is also required to be on file with LEAP for participation. You only need to complete once for the full 2023 program year.

### Walking Club (EAST)

**Date:** Mondays, June 5th - July 17th**

**Time:** 6:00pm - 7:00pm

**Description:** Get together with others to walk and move! All fitness levels welcome to join us for exercise and socialization! Come stretch your legs and get some exercise!

Due to Covid-19 protocols, please plan to bring your own water.

**Limit:** 20  
**Duration:** 6 weeks  
**Cost:** $15.00  
**Location:** Acacia Reservation Metroparks  
**Address:** 527 Cedar Rd, Lyndhurst, OH 44124

We will meet north of the clubhouse. For any bad weather, as a back-up, we will meet in front of the 2nd Floor Food Court at Beachwood Mall.

### Softball

**Date:** Mondays, June 5th - July 17th**

**Time:** 6:00pm - 7:00pm

**Description:** We will be having a fun and non-competitive game of softball where all skill levels are welcome! Get outside and enjoy playing with friends, all equipment will be provided.

Due to Covid-19 protocols, please plan to bring your own water.

**Limit:** 20  
**Duration:** 6 weeks*  
**Cost:** $20.00  
**Location:** Rocky River Metroparks  
**Address:** Memorial Field, Valley Pkwy, Cleveland, OH 44111
Outdoor Fun & Games

**Date:** Tuesdays, June 6th - July 18th  
**Time:** 6:00pm - 7:00pm

**Description:** Join us for a night of playing games! We will have Cornhole, Frisbees, balls and games so we can have some fun and socialize!

Due to Covid-19 protocols, please plan to bring your own water.

**Limit:** 20  
**Duration:** 6 weeks  
**Cost:** $20.00

**Location:** Euclid Creek Reservation

**Address:** 850 Euclid Creek Pkwy, Euclid, OH 44121

We will meet at the Highland Pavilion.

Painting in the Park

**Date:** Tuesday, July 25th  
**Time:** 6:00pm - 8:00pm

**Description:** Join Melinda from So-So Artsy under the pavilion to paint your masterpiece. Melinda will provide step-by-step instructions to create a gorgeous painting. We will express our creativity and have fun!

Due to Covid-19 protocols, please plan to bring your own water.

**Limit:** 20  
**Duration:** 1 session  
**Cost:** $10.00

**Location:** Ellenwood Center

**Address:** 124 Ellenwood Ave, Bedford, OH 44146
Bowling League *(WEST)*

**Date:** Tuesdays, June 6\(^{th}\) - July 18\(^{th}\)  
**Time:** 6:00 - 7:15pm -or- 7:15 - 8:30pm  
**\* No session on Tuesday, July 4th as the LEAP office is closed in observation of July 4th.**  

**Description:** With equal parts strategy and skill, bowling is a fun activity for everyone. Come see the highest score you can get!  

When registering, please select one of two time slot options so that we can help ensure as many can participate as possible. Thank you.  

Due to Covid-19 protocols, please plan to bring your own water.  

**Limit:** 24 per Group (or time slot)  
**Duration:** 6 weeks  
**Cost:** $40.00  
**Location:** AMF Brookgate Lanes  
**Address:** 14950 Snow Rd, Brook Park, OH 44142  

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Bowling League *(EAST)*

**Date:** Wednesdays, June 7\(^{th}\) - July 12\(^{th}\)  
**Time:** 6:00 - 7:15pm -or- 7:15 - 8:30pm  

**Description:** With equal parts strategy and skill, bowling is a fun activity for everyone. Come see the highest score you can get!  

When registering, please select one of two time slot options so that we can help ensure as many can participate as possible. Thank you.  

Due to Covid-19 protocols, please plan to bring your own water.  

**Limit:** 24 per Group (or time slot)  
**Duration:** 6 weeks  
**Cost:** $40.00  
**Location:** Roseland Lanes  
**Address:** 26383 Broadway Ave, Oakwood, OH 44146
Walking Club (WEST)

**Date:** Wednesdays, June 7th - July 12th  
**Time:** 6:00pm - 7:00pm

**Description:** Get together with others to walk and move! All fitness levels welcome to join us for exercise and socialization! Come stretch your legs and get some exercise!

Due to Covid-19 protocols, please plan to bring your own water.

**Limit:** 20  
**Duration:** 6 weeks  
**Cost:** $15.00

**Location:** West Creek Reservation  
**Address:** 2277 W. Ridgewood Dr, Parma, OH 44134  
We will meet at Bluebird Point.

Virtual Activities Peer Group

**Date:** Thursdays, June 8th - July 13th  
**Time:** 4:00pm - 5:00pm

**Description:** Join us each week as we discuss our local Northeast Ohio sports teams, and interactivities like virtual jigsaw puzzles and games, and more! For more information or questions, please contact Maria Sutter, Peer Support Specialist at (216) 456-0839 or msutter@leapinfo.org.

**Limit:** n/a  
**Duration:** 6 weeks  
**Cost:** FREE

**Location:** Virtual (Zoom Link)  
No pre-registration required.

Line Dancing Class

**Date:** Thursdays, June 8th - July 13th  
**Time:** 6:00pm - 7:00pm

**Description:** Come and enjoy popular line dances while learning some new ones too! We’ll be outside dancing under the pavilion and having fun with new friends!

Due to Covid-19 protocols, please plan to bring your own water.

**Limit:** 20  
**Duration:** 6 weeks  
**Cost:** $30.00

**Location:** Ellenwood Center Pavilion  
**Address:** 124 Ellenwood Ave, Bedford, OH 44146
Bocce

**Date:** Thursdays, June 8th - July 13th  
**Time:** 5:30pm - 6:30pm

**Description:** Join us for some fun playing Bocce, one of the most popular sports worldwide! It’s easy to play but challenging to master, come and give it a try! All ability levels are welcome!

Due to Covid-19 protocols, please plan to bring your own water.

**Limit:** 20  
**Duration:** 6 weeks  
**Cost:** $20.00

**Location:** Rocky River AAC  
**Address:** 20120 Detroit Ave, Rocky River, OH 44116

Crafts with Cleveland Museum of Art

**Date:** LAST SATURDAY of the MONTH through 2023  
**Time:** 10:00am - 12:00pm

**Description:** Every weekend, the Cleveland Museum of Art Community Arts Center hosts open hours at The Pivot Center. On the last Saturday of each month, LEAP will attend as a group. Please join us for some Saturday morning crafts with friends! We will meet at The Pivot Center. You can show-up anytime between 10am - 12pm. Look for Ted to find LEAP’s group and start your art project! Call Ted for more details or to register, 216-456-0840. You can also register online.

**Limit:** n/a  
**Duration:** 8 Months beginning Saturday, May 27th  
**Cost:** FREE

**Location:** CMA The Pivot Center  
**Address:** 2937 West 25th St, Cleveland, OH 44113
Quantum LEAP Activities 2023
Summer Session 1: Monday, June 5th - Tuesday, July 18th
Registration Deadline: Friday, June 2, 2023

Important Information

- For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call (216) 456-0840. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.
- Please review the “Quantum LEAP Return to In-Person Activity Guidelines” prior to signing up for an activity.
- Please contact Ted Sielski with accommodation questions at (216) 456-0832 or tsielski@leapinfo.org.

To access forms & printable calendar, please visit: www.leapinfo.org/programsservices/recreation
Register online at: www.leapinfo.org/events

For questions or concerns, contact: Ted Sielski at (216) 456-0832 or tsielski@leapinfo.org