

Quantum LEAP Activities 2025

Fall I Session: Monday, September 22nd - Friday, October 31st

Registration Deadline: Friday, September 19th, 2025



The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities for adults with disabilities (ages 18 - 59) and senior citizens (age 60 and over).

Please review the “[Quantum LEAP Return to In-Person Activity Guidelines](#)” prior to signing up for an activity to fully understand our Covid-19 protocols and requirements. More information can be found on our website at leapinfo.org/services/recreation.

- **All activities are in-person**

Register for these activities online at www.leapinfo.org/events or complete the Session Registration Form found on our [website](#) (bottom of page) and return to LEAP.

- The **2025 Annual Participant Registration** is also **required** to be on file with LEAP for participation. You only need to complete once for the full 2025 program year.

Jazzercise **West**

Date: Mondays, Sept 22nd - Oct 27th

Time: 6:00pm - 6:45pm

Description: Have fun in this mix of aerobics, cardio and dance fitness with instructor Patty! All ability levels are welcome.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Fairview Park Gemini Center

Address: 21225 Lorain Rd, Cleveland, OH 44126

Walk, Talk, and Roll Club **East**

Date: Mondays, Sept 22nd - Oct 27th

Time: 6:00pm - 7:00pm

Description: Join us for a walk and roll around Beachwood Mall. Have some fun conversations while getting in some exercise.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$15.00

Location: Beachwood Mall

Address: 26300 Cedar Rd Beachwood, OH 44122

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Boxing with Jacob's Ladder Fitness **East**

Date: Mondays, Sept 22nd - Oct 27th

Time: 7:00pm - 8:00pm

Description: A fun way to exercise! This program teaches the basics of boxing: stance, punches, conditioning, footwork and combinations. It is about individual development, not sparring.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Bowling **West**

Date: Tuesdays, Sept 23rd - Oct 28th

Time: 6pm - 7:10pm -or- 7:20pm - 8:30pm

Description: Our bowling league is a great place to socialize while practicing your bowling skills.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 18 per Group (or time slot)

Duration: 6 weeks

Cost: \$50.00

Location: AMF Brookgate Lanes

Address: 14950 Snow Rd, Brook Park, OH 44142

Basketball Skills **East**

Date: Tuesdays, Sept 23rd - Oct 28th

Time: 6:00pm - 7:00pm

Description: Join us for a non-competitive night of basketball and fun! All ability levels welcome as the focus is learning basketball skills and having fun!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Green Road Developmental Center

Address: 4329 Green Rd. Highland Hills, OH 44128

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Improv Games* **West**

Date: Wednesdays, Sept 24th - Oct 29th

Time: 6:00pm - 7:00pm

Description: Come learn and play your favorite improv/theater games! No experience needed

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Welcome House Community Center

Address: 25093 Center Ridge Rd Westlake, OH 44145

Karaoke!* **West**

Date: Wednesdays, Sept 24th - Oct 29th

Time: 7:00pm - 8:00pm

Description: Come belt out your favorite tune and cheer your friends on while they sing!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 10

Duration: 6 weeks

Cost: \$20.00

Location: Welcome House Community Center

Address: 25093 Center Ridge Rd Westlake, OH 44145

***Special package: \$30 for both Improv and Karaoke**

Bowling **East**

Date: Wednesdays, Sept 24th - Oct 29th

Time: 5:45pm - 6:45pm -or- 7:00pm - 8:00pm

Description: Our bowling league is a great place to socialize while practicing your bowling skills.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 18 per Group (or time slot)

Duration: 6 weeks

Cost: \$50.00

Location: Roseland Lanes

Address: 26383 Broadway Ave Oakwood, OH 44146

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Pickleball **West**

Date: Thursdays, Sept 25th - Oct 30th

Time: 6:00pm - 7:00pm

Description: We will be having a fun and non-competitive game of pickleball where all skill levels are welcome!

Due to Covid-19 protocols, please plan to bring your own water

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Youth Challenge

Address: 800 Sharon Dr Ste A Westlake, OH 44145

Art Class **East**

Date: Thursdays, Sept 25th - Oct 30th

Time: 6:00pm - 7:00pm

Description: Join us for a multimedia art class. Explore your creativity and make some beautiful pieces. All skill levels welcome!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Video Gaming with Matt **East**

Date: Thursdays, Sept 25th - Oct 30th

Time: 7:00pm - 8:00pm

Description: Hang out and enjoy non-competitive weekly video game play on Nintendo Switch game system and Roblox with rotating game offerings geared for an adaptive audience

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

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Craft Hour

Date: Fridays, Sept 26th - Oct 31st

Time: 2:00pm - 3:00pm

Description: Bring the current project you are working on for an hour of crafting and socializing. Crafting materials will also be provided

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$15.00

Location: LEAP Office

Address: 2545 Lorain Ave, Cleveland, OH 44113

Special Activities

Halloween Dance

Date: Friday, October 10th

Time: 6:00pm - 8:30pm

Description: Come ready to dance in your best Halloween costume and enjoy the photo booth, snacks and fun! We will have prizes for the best costumes. Hope to see you there!

Limit: 80

Cost: \$10.00 per person (one guest for free)

Location: Rocky River Memorial Hall

Address: 21016 Hilliard Blvd Rocky River, OH 44116

Halloween Movie Night

Date: Friday, October 17th

Time: 6:00pm - 8:30pm

Description: Join us for a Halloween themed movie night. Enjoy popcorn, crafts, and punch!

Limit: 80

Cost: \$5 (one guest for free)

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

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Painting in Bedford with Melinda

Date: Monday, November 3rd

Time: 6:00pm - 8:00pm

Description: Join Melinda from So-So Artsy to paint your masterpiece. Melinda will provide step-by-step instructions to create a gorgeous painting. We will express our creativity and have fun!

Limit: 20 **Cost:** \$10.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Crafts with Cleveland Museum of Art

Date: Last Saturday of the month

Time: 10:00am - 12:00pm

Description: Every weekend, the Cleveland Museum of Art Community Arts Center hosts open hours at The Pivot Center. On the last Saturday of each month, LEAP will attend as a group. Please join us for some Saturday morning crafts with friends!

Limit: n/a **Cost:** Free!

Location: Pivot Center

Address: 2937 West 25th St, Cleveland, OH 4411

Important Information

- For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call (216) 456-0840. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.
- Please review the "[Quantum LEAP Return to In-Person Activity Guidelines](#)" prior to signing up for an activity
- Please contact Nera Birch with accommodation questions at (216) 456-0849 or nbirch@leapinfo.org.

To access forms please visit: www.leapinfo.org/programsservices/recreation

Register online at: www.leapinfo.org/events

For questions or concerns, contact: Nera Birch at (216) 456-0849 or nbirch@leapinfo.org

