

Quantum LEAP Activities 2025

Winter II Session: Monday, November 10th - Friday, December 19th

Registration Deadline: Friday, November 17th, 2025



The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities for adults with disabilities (ages 18 - 59) and senior citizens (age 60 and over).

Please review the “[Quantum LEAP Return to In-Person Activity Guidelines](#)” prior to signing up for an activity to fully understand our Covid-19 protocols and requirements. More information can be found on our website at leapinfo.org/services/recreation.

- **All activities are in-person**

Register for these activities online at www.leapinfo.org/events or complete the Session Registration Form found on our [website](#) (bottom of page) and return to LEAP.

- The **2025 Annual Participant Registration** is also **required** to be on file with LEAP for participation. You only need to complete once for the full 2025 program year.

Jazzercise **West**

Date: Mondays, Nov 10th - Dec 15th

Time: 6:00pm - 6:45pm

Description: Have fun in this mix of aerobics, cardio and dance fitness with instructor Patty! All ability levels are welcome.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Fairview Park Gemini Center

Address: 21225 Lorain Rd, Cleveland, OH 44126

Walk, Talk, and Roll Club **East**

Date: Mondays, Nov 10th - Dec 15th

Time: 6:00pm - 7:00pm

Description: Join us for a walk and roll around Beachwood Mall. Have some fun conversations while getting in some exercise.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$15.00

Location: Beachwood Mall

Address: 26300 Cedar Rd Beachwood, OH 44122

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Fitness with Jacob's Ladder Fitness **East**

Date: Mondays, Nov 10th - Dec 15th

Time: 7:00pm - 8:00pm

Description: A 60-minute adapted exercise class that includes stretching, planking, calisthenics, agility drills, fitness, and yoga. Come and move with your friends! All ability levels are welcome!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Bowling **West**

Date: Tuesdays, Nov 11th - Dec 16th

Time: 6pm - 7:10pm -or- 7:20pm - 8:30pm

Description: Our bowling league is a great place to socialize while practicing your bowling skills.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 18 per Group (or time slot)

Duration: 6 weeks

Cost: \$50.00

Location: AMF Brookgate Lanes

Address: 14950 Snow Rd, Brook Park, OH 44142

Volleyball **East**

Date: Tuesdays, Nov 18th - Dec 16th

Time: 5:00pm - 6:00pm

Description: Join us for a new activity as we play volleyball! Bump, set, and spike with your friends in a non-competitive game intended for everyone to have some fun!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 5 weeks*

Cost: \$20.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

*Bedford is closed for Veteran's Day

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Book Club **West**

Date: Wednesdays, Nov 12th - Dec 17th

Time: 6:00pm - 7:00pm

Description: Cozy up with a good book and join us at LEAP's first book club! All ability levels welcome. We will choose a shared person to read about with books available for all reading levels.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 5 weeks**

Cost: \$20.00

Location: Parma-Snow Library

Address: 2121 Snow Rd, Parma, OH 44134

Fun and Games **East**

Date: Wednesdays, Nov 12th - Dec 17th

Time: 6:00pm - 7:00pm

Description: Join us for a night of playing games! We will have Cornhole, Frisbees, balls and games so we can have some fun and socialize!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 10

Duration: 5 weeks**

Cost: \$20.00

Location: Green Road Developmental Center

Address: 4329 Green Rd. Highland Hills, OH 44128

Game Night **West**

Date: Thursdays, Nov 13th - Dec 18th

Time: 6:00pm - 7:00pm

Description: We will be playing bingo, trivia, and card games with a different game each week. A great way to socialize and meet new friends!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 5 weeks**

Cost: \$20.00

Location: Pine Tree Vistas

Address: 6905 Ridge Rd, Parma, OH 44129

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Karaoke **East**

Date: Thursdays, Nov 13th - Dec 18th

Time: 5:30pm - 7:00pm

Description: Come belt out your favorite tune and cheer your friends on while they sing!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 12

Duration: 5 weeks**

Cost: \$20.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Video Gaming with Matt **East**

Date: Thursdays, Nov 13th - Dec 18th

Time: 7:00pm - 8:00pm

Description: Hang out and enjoy non-competitive weekly video game play on Nintendo Switch game system and Roblox with rotating game offerings geared for an adaptive audience

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 5 weeks**

Cost: \$30.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Craft Hour .

Date: Fridays, Nov 14th - Dec 19th

Time: 2:00pm - 3:00pm

Description: Bring the current project you are working on for an hour of crafting and socializing. Crafting materials will also be provided

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 5 weeks**

Cost: \$15.00

Location: LEAP Office

Address: 2545 Lorain Ave, Cleveland, OH 44113

****Closed for Thanksgiving**

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Special Activities

Cavs Watch Party

Date: Friday, November 21st

Time: 6:30pm - 9:30pm

Description: Join us to watch the Cavs play the Indiana Pacers! Dress to support your favorite basketball team. Socialize with friends, do a craft, and enjoy a nacho bar!

Limit: 80

Cost: \$5 per person (one guest for free)

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Holiday Dance

Date: Friday, December 19th

Time: 6:00pm - 8:30pm

Description: Come ready to dance in your best Holiday outfit and enjoy the photo booth, snacks and fun! Hope to see you there!

Limit: 80

Cost: \$10 (one guest for free)

Location: Rocky River Memorial Hall

Address: 21016 Hilliard Blvd Rocky River, OH 44116

Crafts with Cleveland Museum of Art

Date: Last Saturday of the month

Time: 10:00am - 12:00pm

Description: Every weekend, the Cleveland Museum of Art Community Arts Center hosts open hours at The Pivot Center. On the last Saturday of each month, LEAP will attend as a group. Please join us for some Saturday morning crafts with friends!

Limit: n/a

Cost: Free!

Location: Pivot Center

Address: 2937 West 25th St, Cleveland, OH 4411

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Important Information

- For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call (216) 456-0840. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.
- Please review the “[Quantum LEAP Return to In-Person Activity Guidelines](#)” prior to signing up for an activity
- Please contact Nera Birch with accommodation questions at (216) 456-0849 or nbirch@leapinfo.org.

To access forms please visit: www.leapinfo.org/programsservices/recreation

Register online at: www.leapinfo.org/events

For questions or concerns, contact: Nera Birch at (216) 456-0849 or nbirch@leapinfo.org

