

Quantum LEAP Activities 2025

Winter I Session: Monday, January 13th - Friday, February 21st

Registration Deadline: Friday, January 10th, 2025



The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities for adults with disabilities (ages 18 - 59) and senior citizens (age 60 and over).

Please review the “[Quantum LEAP Return to In-Person Activity Guidelines](#)” prior to signing up for an activity to fully understand our Covid-19 protocols and requirements. More information can be found on our website at leapinfo.org/services/recreation.

- **All activities are in-person, except for Virtual Activities Peer Group.**
- **Register** for these activities online at www.leapinfo.org/events or complete the Session Registration Form found on our [website](#) (bottom of page) and return to LEAP.
- The **2025 Annual Participant Registration** is also **required** to be on file with LEAP for participation. You only need to complete once for the full 2025 program year.

Adaptive Jazzercise w/Patty

Date: Mondays, January 13th - February 17th

Time: 6:00pm - 6:45pm

Description: Have fun in this mix of aerobics, cardio and dance fitness with instructor Patty!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 5 weeks*

Cost: \$25.00

Location: Rocky River Rec Center

Address: 21016 Hilliard Blvd, Rocky River, OH 44116

***Closed for MLK Day**

Line Dancing

Date: Mondays, January 13th - February 10th

Time: 7:00pm - 8:00pm

Description: Come and enjoy popular line dances while learning some new ones too! We'll be dancing and having fun while making new friends!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 4 weeks*

Cost: \$20.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

***Closed for MLK Day and Presidents Day**

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Walking Club

Date: Mondays, January 13th - February 17th

Time: 6:00pm - 7:00pm

Description: Join us for a walk around Beachwood Mall. Have some fun conversations while getting in some exercise

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 5 weeks*

Cost: \$15.00

Location: Beachwood Mall

Address: 26300 Cedar Rd, Beachwood, OH 44122

***Closed for MLK Day**

Bowling **West**

Date: Tuesdays, January 14th - February 18th

Time: 6pm-7:15pm -or- 7:15pm-8:30pm

Description: Our bowling league is a great place to socialize while practicing your bowling skills.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 18 per Group (or time slot)

Duration: 6 weeks

Cost: \$50.00

Location: AMF Brookgate Lanes

Address: 14950 Snow Rd, Brook Park, OH 44142

Bowling **East**

Date: Tuesdays, January 14th - February 18th

Time: 5:45pm-6:45pm -or- 7pm-8pm

Description: Our bowling league is a great place to socialize while practicing your bowling skills.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 18 per Group (or time slot)

Duration: 6 weeks

Cost: \$50.00

Location: Roseland Lanes

Address: 26383 Broadway Ave, Oakwood, OH 44146

Fun and Games

Date: Wednesdays, January 15th - February 19th

Time: 6:00pm - 7:00pm

Description: Join us for a night of playing games! We will have Cornhole, Frisbees, balls and games so we can have some fun and socialize!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Green Road Developmental Center

Address: 4329 Green Rd, Cleveland, OH 44128

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Make and Create*

Date: Wednesdays, January 15th - February 19th

Time: 6:00pm - 7:00pm

Description: Join us to show your creativity making easy crafts to take home! All ability levels welcome to come and be artistic!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Welcome House Community Center

Address: 25089 Center Ridge Rd Westlake, OH 44145

Karaoke*

Date: Wednesdays, January 15th - February 19th

Time: 7:00pm - 8:00pm

Description: Come belt out your favorite tune and cheer your friends on while they sing!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Welcome House Community Center

Address: 25089 Center Ridge Rd Westlake, OH 44145

*Sign up for Make and Create and Karaoke and get both for \$30

Improv Games

Date: Thursdays, January 16th - February 20th

Time: 6:00pm-7:00pm

Description: Come learn and play your favorite improv/theater games! No experience needed

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: LEAP Office

Address: 2545 Lorain Ave, Cleveland, OH 44113

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Bingo*

Date: Thursdays, January 16th - February 20th

Time: 6:00pm - 7:00pm

Description: Come and enjoy a fun game of Bingo! Win some prizes and meet new friends!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Karaoke*

Date: Thursdays, January 16th - February 20th

Time: 7:00pm - 8:00pm

Description: Come belt out your favorite tune and cheer your friends on while they sing!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

*Sign up for Bingo and Karaoke and get both for \$30

Virtual Activities Peer Group

Date: Fridays, November 17th - February 21st

Time: 3:00pm - 4:00pm

Description: Join us each week as we discuss our local Northeast Ohio sports teams, and interactivities like virtual jigsaw puzzles and games, and more!

Join us each week via this [Zoom link](#). No pre-registration required! For more information or questions, please contact Maria Sutter, Peer Support Specialist at (216) 456-0839 or msutter@leapinfo.org

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Special Activities

Pizza Bowl

Date: Saturday, February 15th

Time: 1:00pm - 3:00pm

Description: Join us for a wonderful Saturday afternoon filled with friends, pizza, and bowling! The event is Valentine's Day themed, so we invite you to wear red and/or pink.

Each participant will receive a piece of pizza and a drink. We will have a special Valentine's treat, too!

Limit: 32 **Cost:** \$15

Location: AMF Brookgate Lanes

Address: 14950 Snow Rd Brook Park, OH 44142

Painting in Bedford with Melinda

Date: Monday, February 24h

Time: 6:00pm - 8:00pm

Description: Join Melinda from So-So Artsy to paint your masterpiece. Melinda will provide step-by-step instructions to create a gorgeous painting. We will express our creativity and have fun!"

Limit: 20 **Cost:** \$10.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Important Information

- For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call (216) 456-0840. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.
- Please review the "[Quantum LEAP Return to In-Person Activity Guidelines](#)" prior to signing up for an activity
- Please contact Ted Sielski with accommodation questions at (216) 456-0832 or tsielski@leapinfo.org.

To access forms & printable calendar, please visit: www.leapinfo.org/programsservices/recreation
Register online at: www.leapinfo.org/events

For questions or concerns, contact: Ted Sielski at (216) 456-0832 or tsielski@leapinfo.org