

Quantum LEAP Activities 2026

Spring I Session: Monday, March 2nd - Friday, April 10th

Registration Deadline: Friday, February 27th, 2026



The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities for adults with disabilities (ages 18 - 59) and senior citizens (age 60 and over).

Please review the “[Quantum LEAP Return to In-Person Activity Guidelines](#)” prior to signing up for an activity to fully understand our Covid-19 protocols and requirements. More information can be found on our website at leapinfo.org/services/recreation.

- **All activities are in-person**
Register for these activities online at www.leapinfo.org/events or complete the Session Registration Form found on our [website](#) (bottom of page) and return to LEAP.
- The **2026 Annual Participant Registration** is also **required** to be on file with LEAP for participation. You only need to complete once for the full 2026 program year.

Jazzercise **West**

Date: Mondays, Mar 9th - March 30th

Time: 6:00pm - 6:45pm

Description: Have fun in this mix of aerobics, cardio and dance fitness with instructor Patty! All ability levels are welcome.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 4 weeks

Cost: \$20.00

Location: Rocky River Rec Center

Address: 21016 Hilliard Blvd Rocky River, OH 44116

Walk, Talk, and Roll Club **East**

Date: Mondays, Mar 2nd - Apr 6th

Time: 6:00pm - 7:00pm

Description: Join us for a walk and roll around Beachwood Mall. Have some fun conversations while getting in some exercise.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$15.00

Location: Beachwood Mall

Address: 26300 Cedar Rd Beachwood, OH 44122

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Boxing with Jacob's Ladder Fitness **East**

Date: Mondays, Mar 2nd - Apr 6th

Time: 7:00pm - 8:00pm

Description: A fun way to exercise! This program teaches the basics of boxing: stance, punches, conditioning, footwork and combinations. It is about individual development, not sparring.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Bowling **West**

Date: Tuesdays, Mar 3rd - Apr 7th

Time: 6pm - 7:10pm -or- 7:20pm - 8:30pm

Description: Our bowling league is a great place to socialize while practicing your bowling skills.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 18 per Group (or time slot)

Duration: 6 weeks

Cost: \$50.00

Location: AMF Brookgate Lanes

Address: 14950 Snow Rd, Brook Park, OH 44142

Fun and Games **East**

Date: Tuesdays, Mar 3rd - Apr 7th

Time: 6:00pm - 7:00pm

Description: Join us for a night of playing games! We will have Cornhole, Frisbees, balls and games so we can have some fun and socialize!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$20.00

Location: Green Road Developmental Center

Address: 4329 Green Rd. Highland Hills, OH 44128

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Art with TJ **West**

Date: Wednesdays, Mar 4th - Apr 8th

Time: 6:00pm - 7:00pm

Description: Join us for a drawing and painting class where we will discuss the basics and put the 'fun' in fundamentals as we build on the same piece each week. Participants can submit their piece to our Art and Talent Show in July!

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$25.00

Location: Welcome House Community Center

Address: 25093 Center Ridge Rd. Westlake, OH 44145

Bowling **East**

Date: Wednesdays, Mar 4th - Apr 8th
8:30pm

Time: 5:45 pm - 6:45pm -or- 7:00pm -

Description: Our bowling league is a great place to socialize while practicing your bowling skills.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 18 per Group (or time slot)

Duration: 6 weeks

Cost: \$50.00

Location: Roseland Lanes

Address: 26383 Broadway Ave, Oakwood, OH 44146

Walk, Talk, and Roll **West**

Date: Thursdays, Mar 5th - Apr 9th

Time: 6:00pm - 7:00pm

Description: Join us for a walk and roll around Great Northern Mall. Have some fun conversations while getting in some exercise.

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$15.00

Location: Great Northern Mall

Address: 4954 Great Northern Blvd, North Olmsted, OH 44070

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Art Class **East**

Date: Thursdays, Mar 5th - Apr 9th

Time: 6:00pm - 7:00pm

Description: Join us for a multimedia art class. Explore your creativity and make some beautiful pieces. All skill levels welcome! Participants can submit their piece to our Art and Talent Show in July

Limit: 20

Duration: 6 weeks

Cost: \$25.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Video Gaming with Matt **East**

Date: Thursdays, Mar 5th - Apr 9th

Time: 7:00pm - 8:00pm

Description: Hang out and enjoy non-competitive weekly video game play on Nintendo Switch game system and Roblox with rotating game offerings geared for an adaptive audience

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$30.00

Location: Ellenwood Center

Address: 124 Ellenwood Ave, Bedford, OH 44146

Craft Hour

Date: Fridays, Mar 6th - Apr 10th

Time: 2:00pm - 3:00pm

Description: Bring the current project you are working on for an hour of crafting and socializing. Crafting materials will also be provided

Due to Covid-19 protocols, please plan to bring your own water.

Limit: 20

Duration: 6 weeks

Cost: \$15.00

Location: LEAP Office

Address: 2545 Lorain Ave, Cleveland, OH 44113

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Special Activities

Spring Fling

Date: Friday, March 6th

Time: 6:00pm - 8:30pm

Description: Dance the winter doldrums away in your best spring outfit and enjoy the photo booth, snacks and fun! Hope to see you there!

Limit: 80 **Cost:** \$15 (one guest for free)

Location: Rocky River Memorial Hall

Address: 21016 Hilliard Blvd Rocky River, OH 44116

Crafts with Cleveland Museum of Art

Date: Last Saturday of the month

Time: 10:00am - 12:00pm

Description: Every weekend, the Cleveland Museum of Art Community Arts Center hosts open hours

at The Pivot Center. On the last Saturday of each month, LEAP will attend as a group. Please join us

for some Saturday morning crafts with friends!

Limit: n/a **Cost:** Free!

Location: Pivot Center

Address: 2937 West 25th St, Cleveland, OH 44113

Important Information

- For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call (216) 456-0840. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.
- Please review the "[Quantum LEAP Return to In-Person Activity Guidelines](#)" prior to signing up for an activity
- Please contact Nera Birch with accommodation questions at (216) 456-0849 or nbirch@leapinfo.org.

To access forms please visit: www.leapinfo.org/programsservices/recreation

Register online at: www.leapinfo.org/events

For questions or concerns, contact: Nera Birch at (216) 456-0849 or nbirch@leapinfo.org