Quantum LEAP Activities 2026
Session: Winter 2 2026
Dates: Monday, November 9th – Friday, December 18th
Registration Deadline: Friday, November 4th

The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities for adults with disabilities (ages 18 – 59) and senior citizens (age 60 and over). More information can be found on our website at leapinfo.org/services/recreation.

- **All activities are in-person**
- **Register** for these activities online at www.leapinfo.org/events or complete the Session Registration Form found on our website (bottom of page) and return to LEAP.
- **The 2026 Annual Participant Registration is also required to be on file with LEAP for participation.** You only need to complete once for the full 2026 program year.

Activity	**Boxing with Jacob's Ladder Fitness EAST**
Dates	Mondays, November 9th – December 14th
Time	7:00 PM – 8:00 PM
Description	A fun way to exercise! This program teaches the basics of boxing: stance, punches, conditioning, footwork and combinations. It is about individual development, not sparring.
Participation Limit	20
Duration	6 weeks
Cost	$30.00
Location	Ellenwood Center
Address	124 Ellenwood Ave, Bedford OH 44146

Activity	**Walk, Talk, and Roll Club EAST**
Dates	Mondays, November 16th – December 14th
Time	6:00 PM – 7:00 PM
Description	Join us for a walk and roll around Beachwood Mall. Have some fun conversations while getting in some exercise.
Participation Limit	20
Duration	*5 weeks
Cost	$15.00
Location	Beachwood Mall
Address	26300 Cedar Rd, Beachwood, OH 44122

***Walk, Talk & Roll and Jazzercise will begin on Monday, November 16th, due to LEAP's Sip and Support fundraiser on November 9th.**

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Activity	**Adaptive Jazzercise WEST**
Dates	Mondays, November 16th – December 14th
Time	6:00 PM – 6:45 PM
Description	Have fun in this mix of aerobics, cardio and dance fitness with instructor Patty!
Participation Limit	20
Duration	*5 weeks
Cost	$25.00
Location	Rocky River Rec Center
Address	21016 Hilliard Blvd, Rocky River, OH 44116

***Walk, Talk & Roll and Jazzercise will begin on Monday, November 16th, due to LEAP's Sip and Support fundraiser on November 9th.**

Activity	**Karaoke EAST**
Dates	Tuesdays, November 10th – December 15th
Time	6:00 PM – 7:00 PM OR 7:00 PM-8:00 PM
Description	Come belt out your favorite tune and cheer your friends on while they sing!
Participation Limit	10 per session
Duration	*4 weeks
Cost	$15.00
Location	Cotman Vistas
Address	1725 E 115th St, Cleveland OH 44106

***No Karaoke November 24th OR December 8th**

Activity	**Bowling WEST**
Dates	Tuesdays, November 10th – December 15th
Time	6:00 PM – 7:15PM OR 7:15 PM-8:30 PM
Description	With equal parts strategy and skill, bowling is a fun activity for everyone. Come see the highest score you can get!
Participation Limit	24 per session
Duration	6 weeks
Cost	$50.00
Location	AMF Brookgate Lanes
Address	14950 Snow Rd, Brook Park, OH 44142

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Activity	**Fun & Games EAST**
Dates	Wednesdays, November 11th – December 16th
Time	6:00 PM – 7:00 PM
Description	Join us for a night of playing games! We will have Cornhole, Frisbees, balls and games so we can have some fun and socialize!
Participation Limit	20
Duration	6 weeks
Cost	$20.00
Location	Green Road Developmental Center
Address	4329 Green Road, Highland Hills, OH 44128

Activity	**Game Night WEST**
Dates	Wednesdays, November 11th – December 16th
Time	6:00 PM – 7:00 PM
Description	We will be playing bingo, trivia, and card games with a different game each week. A great way to socialize and meet new friends!
Participation Limit	20
Duration	*5 weeks
Cost	$20.00
Location	Welcome House Community Center
Address	27333 Center Ridge Road, Westlake OH 44145

***No Game Night November 25th**

Activity	**A.R.T. Art Relaxation Time EAST**
Dates	Thursdays, November 12th – December 17th
Time	6:00 PM- 7:00 PM
Description	Join Josie and Rachel for a fun six-week art class! Together, we will try different kinds of art, like painting and coloring with pencils. You don't need to be an artist, just come ready to relax, have fun, and make something creative with friends.
Participation Limit	20
Duration	*5 weeks
Cost	$25.00
Location	Ellenwood Center
Address	124 Ellenwood Ave, Bedford OH 44146

***LEAP Closed for Thanksgiving**

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Activity	**Brick Builders EAST**
Dates	Thursdays, November 12th – December 17th
Time	7:00 PM- 8:00 PM
Description	Let your creativity shine, one brick at a time! Join us for a fun and relaxed LEGO-building activity where everyone can create at their own pace. Whether you enjoy following a design, building something from your imagination, or simply exploring different ways to put pieces together, there's something for everyone! No building experience needed. Just bring your imagination and get ready to build, create, and have fun with friends!
Participation Limit	20
Duration	*5 weeks
Cost	$25.00
Location	Ellenwood Center
Address	124 Ellenwood Ave, Bedford OH 44146

***LEAP Closed for Thanksgiving**

Activity	**Creative Writing with Nera WEST**
Dates	Thursdays, November 12th – December 17th
Time	6:00 PM-7:00 PM
Description	Join us for a new creative writing class! We will be writing and reading short stories and poetry, as well as learning to express ourselves through art.
Participation Limit	20
Duration	*4 weeks
Cost	$15.00
Location	Common Grounds Coffee Shop
Address	17104 Lorain Ave, Cleveland OH 44111

***LEAP Closed for Thanksgiving & No Creative Writing December 3rd**

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Activity	**Craft Hour WEST**
Dates	Fridays, November 13th -December 18th
Time	2:00 PM – 3:00 PM
Description	Join us for a daytime activity! Bring the current project you are working on for an hour of crafting and socializing. Crafting materials will also be provided.
Participation Limit	20
Duration	*5 weeks
Cost	$15.00
Location	LEAP Office
Address	2545 Lorain Ave, Cleveland OH 44113

***LEAP Closed Day After Thanksgiving**

Activity	**Game Night**
Dates	Friday, November 6th
Time	6:00 PM- 8:30 PM
Description	Kick off your weekend with a fun-filled Friday Night Game Night! Enjoy an evening of laughter, friendly competition, and socializing with friends. Choose from a variety of board games, card games, and bingo, or try something new! Whether you're feeling competitive or just want to relax and have fun, there's something for everyone!
Participation Limit	20
Duration	1 day
Cost	$5.00
Location	Ellenwood Center
Address	124 Ellenwood Ave, Bedford OH 44146

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Activity	**Crafting Kindness with Letters of Love**
Dates	Saturday, November 14th
Time	1:00 PM – 3:00 PM
Description	Join us for our second volunteer activity as we partner with Letters of Love to create handmade holiday cards for children spending the holiday season in the hospital! Together, we'll spread kindness, share holiday cheer, and bring a little extra joy to kids who could use a smile this season!
Participation Limit	30
Duration	1 day
Cost	Free!
Location	Cove
Address	12525 Lake Ave Lakewood, OH 44107

Activity	**Movie Night & Cookie Decorating**
Dates	Friday, December 11th
Time	6:00 PM – 9:00 PM
Description	Join us for a night of cookie decorating! We will be watching How the Grinch Stole Christmas (the Jim Carey version). Cookies and decorating supplies are provided. Please email nbirch@leapinfo.org with any dietary restrictions.
Participation Limit	20
Duration	1 day
Cost	$10.00
Location	Cotman Vistas
Address	1725 E 115th St, Cleveland OH 44106

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Activity	**Holiday Dance**
Dates	Friday, December 18th
Time	6:00 PM- 8:30 PM
Description	Come ready to dance in your best Holiday outfit and enjoy the photo booth, snacks and fun! Hope to see you there!
Participation Limit	80
Duration	1 day
Cost	$10.00 (one free guest)
Location	Rocky River Memorial Hall
Address	21016 Hilliard Blvd, Rocky River OH 44146

ADDITIONAL IMPORTANT INFORMATION

- For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call (**216) 456-0840**. This line will be updated for cancelations only 2 hours prior to the start of an event or activity.

- Please contact Nera Birch or Hannah Laudo with accommodation questions at (216) 456-0849 or nbirch@leapinfo.org or (216) 227-5508 or hlaudo@leapinfo.org

- To access forms please visit: www.leapinfo.org/programsservices/recreation

- Register online at: www.leapinfo.org/events

- For questions or concerns, contact: Nera Birch at (216) 456-0849 or nbirch@leapinfo.org or Hannah Laudo at 216-227-5508 or hlaudo@leapinfo.org