

Quantum LEAP Activities 2018

Summer Session 1: Monday, June 4th – Saturday, July 14th
Sign Up Deadline: Friday, May 25, 2018

The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities to people with developmental disabilities. Participants must be at least 18 years of age, reside in Cuyahoga County, and be eligible to receive services from the Cuyahoga County Board of Developmental Disabilities.

Quantum LEAP offers year-round activities in the evenings and on weekends. These activities are specifically designed or adapted for persons with disabilities. Sessions are six weeks long, and change throughout the year.

To register for these activities, please complete the June – July 2018 Session Registration and return to LEAP. A 2018 Annual Registration is also required to be on file with LEAP for participation.

Kickball League

Date: Mondays, June 4th – July 9th **Time:** 6:30pm – 7:30pm

Description: Join fellow participants and compete in a fun game of kickball. Everyone gets to be part of a team, with a chance to play in the field, kick the ball and run the bases.

Limit: 30 participants

Number of Sessions: 6

Cost: \$15.00

Location: Parkview Softball Green Field – Located just south of Parkview Pool

Address: 425 N. Commons Blvd, Mayfield, OH 44143

Walking Club

Date: Tuesdays, June 5th – July 10th **Time:** 6:00pm – 7:00pm

Description: Walking is proven to be one of the best forms of exercise. As a safe and low impact activity, walking improves cardiovascular health, strengthens bones, and can even boost your mood. Summer sessions of Walking Club meet at Upper Highland Picnic Area at Euclid Creek Reservation. Come stretch your legs and get some exercise!

Limit: N/A

Number of Sessions: 6

Cost: \$10.00

Location: Upper Highland Shelter – located off Euclid Creek Parkway, near the Highland Road entrance of Euclid Creek Reservation. The shelter is next to the basketball courts.

Address: Euclid Creek Reservation, Euclid, OH 44123

Sand Volleyball

Date: Wednesdays, June 6th – July 11th

Time: 6:30pm – 7:15pm – **No activity July 4th**

Description: Playing volleyball improves coordination, increases focus, and encourages teamwork. Come have fun, get sandy, and build skills by participating in Sand Volleyball. Participants play at Wiley Park's sand volleyball court, next to the police station.

Limit: 20 participants

Number of Sessions: 5 – **No activity July 4th**

Cost: \$15.00

Location: Wiley Park – Located next to the Mayfield Village Police Department

Address: 610 SOM Center Rd, Mayfield, OH 44143



Linking Employment, Abilities and Potential
2545 Lorain Ave, Cleveland, OH 44113
216.696.2716 www.leapinfo.org
Activity/event cancelation line: 216.456.0840



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Aquacize

Date: Thursdays, June 14th – July 12th **Time:** 6:00pm – 7:00pm

Description: Aquacize is an opportunity to experience successes, increase comfort level, and have fun in an aquatic environment. Participants exercise in shallow waters, and are required to have appropriate swimwear, along with a caregiver present and actively participating in the water. Swim experience not required. **Session will start at 6:15pm.**

Limit: 35 participants

Number of Sessions: 6

Cost: \$25.00

Location: Parkview Pool – Pool has an ADA pool lift

Address: 425 N. Commons Blvd, Mayfield, OH 44143

Tennis

Date: Saturdays, June 9th – June 30th **Time:** 9:00am – 10:00am

Description: Learn the sport of tennis and engage in fitness activities in an enjoyable and supportive environment. Develop life skills, foster friendships and build confidence. This high energy class is packed full of fun activities.

Number of Sessions: 4

Cost: \$45.00

Location: Parkview Tennis Courts

Address: 425 N. Commons Blvd, Mayfield, OH 44143

Boating & Fishing Trip - TENTATIVE

Date: TBD **Time:** TBD

Description: Join Captain Wayne aboard *The Holiday* for our annual Boating & Fishing Adventure! *The Holiday* will depart from the docks and cruise up the Cuyahoga River toward Lake Erie. There, we will drop anchor and cast our lines in the hopes of catching some fish. Boxed lunch, along with soda pop and water, will be provided for all attendants. Participants are required to be accompanied by a parent, caregiver, and/or guardian.

Limit: 25 participants

Number of Sessions: 1

Cost: \$40.00 for participants, \$10.00 for staff/parents

Location: Holiday Charter Boats – corner of Scranton Rd & Carter Rd – **please call prior to event for directions** - <http://www.holidaycleveland.com/>

Address: 1800 Scranton Rd, Cleveland, OH 44113

Movie Night

Date: Friday, June 15th **Time:** 6:00pm

Description: Enjoy a movie on a drop-down projection screen while relaxing in theatre like seating. The movie will start at 6:15pm. Popcorn and water will be provided.

Limit: 75 participants

Number of Sessions: 1

Cost: \$5.00

Location: Mayfield Village Civic Center

Address: 6622 Wilson Mills Rd, Mayfield, OH 44143



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Blue Ribbon Picnic & Games

Date: Friday, June 22nd **Time:** 6:00pm – 8:00pm

Description: Join us for a classic summertime cook-out, complete with great food and fun games. We will have burgers and hot dogs with all the trimmings, along with volleyball and corn hole. Come spend a summer evening enjoying friends, food, and fun.

Limit: 50

Number of Sessions: 1

Cost: \$7.00

Location: Solon Community Park Pavilion – near the Solon Public Library & the baseball fields

Address: 6679 SOM Center Rd, Solon, OH 44139

Outdoor Pool Party & Cookout

Date: Saturday, June 30th **Time:** 12:00pm – 4:00pm

Description: Soak up the summer sun at our outdoor pool party. At noon, we will enjoy a lunch of hot dogs, sides, chips, and dessert. We ask that you bring a side dish or a dessert (no chips please), if possible. Meet us under the pavilion, to the right of the main entrance. After lunch, cool off in the pool. The pool will have July 4th celebrations all afternoon. Stick around until the evening to enjoy the Mayfield Village 4th of July fireworks celebration. Fireworks will take place after dusk.

Limit: 150 participants

Number of Sessions: 1

Cost: \$10.00

Location: Parkview Pool – includes a water slide and diving boards. Pool has an ADA pool lift.

Address: 425 N. Commons Blvd, Mayfield, OH 44143



Blue Ribbon Karaoke

Date: Friday, July 6th **Time:** 6:00pm – 9:00pm – **New start time**

Description: Come sing, dance, and be merry. Our amazing DJ, Denise Formica, will be serving up the best jams in town, while we experience the awesome talents of our karaoke singers. Dinner will be served.

Limit: 75

Number of Sessions: 1

Cost: \$11.00

Location: Solon Community Center

Address: 35000 Portz Pkwy, Solon, OH 44139



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Canoe / Kayak

Date: Saturday, July 7th **Time:** 10:00am – 11:30am

Description: Mayfield Village Parks and Recreation Department is offering a chance for us to learn out to canoe / kayak. This event takes place at the Parkview Pool and is a basic course in fun, learning how to operate a canoe / kayak. We will be in the safety of shallow waters, there will be extra lifeguards in the water, and all participating will wear a life vest and a safety helmet. This is a free event. We encourage all to come out and watch!

Limit: 10 participants

Number of Sessions: 1

Cost: Free

Location: Parkview Pool

Address: 425 N. Commons Blvd, Mayfield, OH 44143

Pizza Bowl

Date: Saturday, July 14th **Time:** 1:00pm – 3:00pm

Description: What a fantastic way to spend a Saturday afternoon! Enjoy two hours of bowling with friends. The cost also covers one slice of cheese pizza, a small soft drink and a small cup of ice cream **for the participant.**

Limit: 90 participants – Six bowlers max per lane

Number of Sessions: 1

Cost: \$16.00

Location: RollHouse Wickliffe (formally Game of Wickliffe)

Address: 28801 Euclid Ave, Wickliffe, OH 44092

To access forms and calendars, please visit:

www.leapinfo.org/home-community/recreation

Important Information

For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call **216-456-0840**. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.

For all activities, an aid or assistant (which can be a parent, guardian or caregiver) **MUST BE PRESENT** for assistance.

For questions or concerns, contact

Gary Edler at 216-696-2716 ext. 822

Jayne Jirousek at 216-696-2716 ext. 824

gedler@leapinfo.org or jjirousek@leapinfo.org

After hours: 216-287-9641



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