

Quantum LEAP Activities 2018

Summer Session 2: Monday, July 23rd – Thursday, August 30th
 Registration Deadline: Friday, July 13, 2018

The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities to people with developmental disabilities. Participants must be at least 18 years of age, reside in Cuyahoga County, and be eligible to receive services from the Cuyahoga County Board of Developmental Disabilities.

Quantum LEAP offers year-round activities in the evenings and on weekends. These activities are specifically designed or adapted for persons with disabilities. Sessions are six weeks long, and change throughout the year.

To register for these activities, please complete the July – August 2018 Session Registration and return to LEAP. A 2018 Annual Registration is also required to be on file with LEAP for participation.

Walking Club

Date: Mondays, July 23rd – August 27th **Time:** 6:00pm – 7:00pm

Description: Walking is proven to be one of the best forms of exercise. As a safe and low impact activity, walking improves cardiovascular health, strengthens bones, and can even boost your mood. Summer sessions of Walking Club meet at Upper Highland Picnic Area at Euclid Creek Reservation. Come stretch your legs and get some exercise!

Limit: N/A

Number of Sessions: 6

Cost: \$10.00

Location: Upper Highland Shelter – located off Euclid Creek Parkway, near the Highland Road entrance of Euclid Creek Reservation. The shelter is next to the basketball courts.

Address: Euclid Creek Reservation, Euclid, OH 44123

Golf

Date: Tuesdays, July 24th – August 28th **Time:** 6:00pm – 8:00pm

Description: Its tee time! Learn the game of golf this summer. We will learn on the driving range, with the possibility of going on the golf course and playing several holes.

Limit: 20 participants

Number of Sessions: 6

Cost: \$40.00

Location: Washington Golf Learning Center

Address: 3841 Washington Park Blvd., Newburgh Heights, OH 44105

Bocce Ball

Date: Wednesdays, July 25th – August 29th **Time:** 6:00pm – 7:30pm – **No activity August 15th**

Description: Join us at Cleveland Alta House in Little Italy for several games of Bocce Ball. We teach how the game is played, for beginners and those who have been playing for a long time. *** Road construction may increase travel time. Please plan accordingly. ***

Limit: 30 participants

Number of Sessions: 5 – **No activity August 15th**

Cost: \$15.00

Location: Cleveland Alta House, Little Italy

Address: 12510 Mayfield Rd, Cleveland, OH 44106



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 2545 Lorain Ave, Cleveland, OH 44113
 216.696.2716 www.leapinfo.org
Activity/event cancelation line: 216.456.0840



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Adaptive Softball

Date: Thursdays, July 26th – August 30th **Time:** 6:00pm – 7:30pm

Description: Join the team, have a ball, and swing away into the summer fun! Cost includes t-shirt, ball cap, snacks, and beverages. We provide all equipment, limited amount of baseball gloves.

Limit: 40 participants

Number of Sessions: 6

Cost: \$30.00

Location: Parkview Softball Green Field

Address: 425 N. Commons Blvd, Mayfield, OH 44143

Boating & Fishing Trip

Date: Friday, August 3rd **Time:** 5:00pm – 9:00pm

Description: Join the Captain aboard *The Holiday* for our annual Boating & Fishing Adventure! *The Holiday* will depart from the docks and cruise up the Cuyahoga River toward Lake Erie. There, we will drop anchor and cast our lines in the hopes of catching some fish. Boxed lunch, along with soda pop and water, will be provided for all attendants. Participants are required to be accompanied by a parent, caregiver, and/or guardian.

Limit: 25 participants

Number of Sessions: 1

Cost: \$40.00 for participants, \$10.00 for staff/parents

Location: Holiday Charter Boats – corner of Scranton Rd & Carter Rd –

please call prior to event for directions <http://www.holidaycleveland.com/>

Address: 1800 Scranton Rd, Cleveland, OH 44113



Talent Showcase

Date: Saturday, August 11th **Time:** 3:30pm

Description: Quantum LEAP and Mayfield Village Recreation are hosting a talent and creativity showcase. Come out and watch your fellow Quantum LEAPers. After the Quantum LEAPers perform, stay for the Blues Festival.

Limit: N/A

Number of Sessions: 1

Cost: Free

Location: Mayfield Village Grove Amphitheatre – To the left of Parkview Pool

Address: 425 N. Commons Blvd, Mayfield, OH 44143



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Outdoor Living Skills Overnight Campout

Date: Friday, August 17th – Saturday, August 18th **Time:** 5:00pm – 11:00am

Description: Cleveland Metroparks Outdoor Recreation is proud to offer this special overnight campout, which is designed to teach you basic Outdoor Living Skills including Leave No Trace, setting up a campsite, building a fire, and more. Enjoy the simple life by camping under the stars at beautiful South Chagrin Reservation and roasting marshmallows over a campfire. We will cook dinner over the fire on Friday, roast marshmallows Friday night and enjoy breakfast Saturday morning. Dress in layers and be prepared for the weather. Parent(s) or caregivers **MUST** attend the campout and will need to provide their own camping equipment.

Accommodations must be made known upon signup!

Limit: 11 participants

Number of Sessions: 1

Cost: \$55.00

Location: Look About Lodge – **please call prior to event for directions**

Address: 37374 Miles Rd, Bentleyville, OH 44022

Blue Ribbon Swim Party

Date: Saturday, August 18th **Time:** 3:00pm – 4:30pm (pool), 4:30pm – 5:00pm (food served)

Description: Join us for a late summer celebration by swimming, splashing, and enjoying pizza. Bring your suit and towel for an afternoon of fun while cooling off in the pool. If inclement weather occurs, we will be in the indoor pool.

Limit: 75 participants

Number of Sessions: 1

Cost: \$10.00

Location: Solon Community Center – Outdoor Pool (indoor pool if inclement weather)

Address: 35000 Portz Pkwy, Solon, OH 44139

To access forms and calendars, please visit:

<http://www.leapinfo.org/programsservices/recreation>

* We are now taking online registrations at: <http://www.leapinfo.org/events> *

Important Information

For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call **216-456-0840**. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.

For all activities, an aid or assistant (which can be a parent, guardian or caregiver) **MUST BE PRESENT** for assistance. Please contact Jayme or Gary with any accommodation questions.

For questions or concerns, contact

Gary Edler at 216-696-2716 ext. 822

Jayme Jirousek at 216-696-2716 ext. 824

gedler@leapinfo.org or jjirousek@leapinfo.org

After hours: 216-287-9641



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